

RADA 9, M21A RO, M40RO									
Course 9			13,5 km						
▷			↗		↘				
1	32		↗						
2	59		↗						
3	39		↗						
4	60		↗						
5	57		↗						
6	61		↗						
7	60		↗						
8	62		↗						
9	58		↗						
10	50		↘		↘				
◯			180 m			◯			

M21B RO, RADA 10 RADA 12, N21A RO, M19RO M60RO									
Course 10			9,1 km						
▷			↗		↘				
1	32		↗						
2	39		↗						
3	62		↗						
4	60		↗						
5	61		↗						
6	57		↗						
7	58		↗						
◯			1510 m			◯			

RADA 11, RADA 13, N40RO M16RO									
Course 11			5,5 km						
▷			↗		↘				
1	32		↗						
2	62		↗						
3	58		↗						
4	50		↘		↘				
◯			180 m			◯			